



SEPTEMBER 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 La Leche League 6:30 pm – 8 pm – 12 pm, call Megan for info: 301-665-9226 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	2	3 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	4	5
6	7	8 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	9	10 10am Breastfeeding Support Group	11	12
13	14	15 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	16	17 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	18	19
20	21	22 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	23	24 10am Breastfeeding Support Group	25	26
27	28	29 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	30	Washington County) To Contact a Breastfeeding Counselor near you: Breastfeeding Support Line: (240) 313-3311 Mailbox 2: Crescent Trumpower, BF Peer Counselor Urgent BF concerns: (240) 313-3335		Services: ☎ Peer Counseling ☎ Weekly BF classes 1-on-1 instruction on “Getting Started” with BF (positioning, latch, sleepy baby, growth spurts, etc.)



OCTOBER 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Washington County) To Contact a Breastfeeding Counselor near you: Breastfeeding Support Line: (240) 313-3311 Mailbox 2: Crescent Trumpower, BF Peer Counselor Urgent BF concerns: (240) 313-3335		Services: ☘ Peer Counseling ☘ Weekly BF classes 1-on-1 instruction on "Getting Started" with BF (positioning, latch, sleepy baby, growth spurts, etc.)		1 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	2	3
4	5	6 La Leche League 6:30 pm - 8 pm, call Megan for info: 301- 665-9226 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	7	8 10am Breastfeeding Support Group	9	10
11	12	13 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	14	15 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	16	17
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NOVEMBER 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Washington County) To Contact a Breastfeeding Counselor near you: Breastfeeding Support Line: (240) 313-3311 Mailbox 2: Crescent Trumpower, BF Peer Counselor Urgent BF concerns: (240) 313-3335			Services: ☎ Peer Counseling ☎ Weekly BF classes 1-on-1 instruction on "Getting Started" with BF (positioning, latch, sleepy baby, growth spurts, etc.)			
1	2	3 La Leche League 6:30 pm – 8 pm, call Megan for info: 301-665-9226 Myth Busters/Getting to the truth about the benefits of breastfeeding/11:00 am 4th Annual Learn and Latch Café in Celebration of World Breastfeeding Week 11am - 12noon	4	5 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	6	7
8	9	10 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	11	12 10am Breastfeeding Support Group	13	14
15	16	17 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	18	19 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	20	21
22/29	23/30	24 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	25	26	27	28